

# MOMS Line

- Overwhelmed with a new baby?
- Worried during pregnancy?
- Heartbroken by loss or infertility?
- Worried about a partner or family member?

You are not alone. With support, you can feel better.

Call us. We can help.

**We answer 24/7.**

Answered live by  
**mental health**  
professionals

- Free and confidential
- Emotional support
- Referrals
- Any language

**1-866-364-MOMS (6667)**

# MOMS 热线

- 因新生儿感到不知所措？
- 怀孕期间感到忧虑？
- 因失去亲人或不孕而伤心欲绝？
- 担心伴侣或家人？

并不是只有您这样觉得。  
您只需一点支持即可感觉良好。

致电我们。我们会为您提供帮助。

我们全天候接听来电。

由**心理健康**专家实时接听

- 免费且保密
- 情绪支持
- 转介
- 任何语言服务

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